




# November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><b>Happy Birthday!</b></p> <p><b>Michael, 11/16</b></p>		<p>1 11:00 Exercise with a twist 2:00 Queens &amp; Kings 6:30 Board Games</p>	<p>2 11:00 Rock &amp; Roll 2:00 Tye Dye Sweaters 6:30 Snack Social</p>	<p>3 11:00 Jazzersize 2:00 Bingo 6:30 Snack Cart</p>	<p>4 11:00 Saturday Stroll 2:00 Checkers 6:30 Book Club</p>
<p>5 11:00 Coffee &amp; Church 2:00 Sunday Sundaes 6:30 Book Club</p>	<p>6 11:00 Exercise 2:00 Painting with a twist 6:30 Juice &amp; Crackers</p>	<p>7 11:00 Bean Bag Toss 2:00 Oscar's Music 6:30 Snack Social</p>	<p>8 11:00 Creative Hour 2:00 Bowling 6:30 Chess</p>	<p>9 11:00 Exercise 2:00 Bingo 6:30 Snack Social</p>	<p><b>Veteran's Day</b> 10 11:00 Nail Care 2:00 Tye Dye Headbands 6:30 Movie Night</p>	<p>11 11:00 Tea &amp; Coffee on the Sun Porch 2:00 Beauty Salon 6:30 Trivia</p>
<p>12 11:00 Social Hour 2:00 Womens Club 6:30 Cards</p>	<p>13 11:00 Exercise 2:00 Bingo 6:30 Ring Toss</p>	<p>14 11:00 Creative Hour 2:00 Walmart Trip 6:30 Checkers</p>	<p>15 11:00 Jewelry Making w/friends 2:00 Exercise 6:30 Movie Night</p>	<p>16 11:00 Trivia w/prizes 2:00 Bingo 6:30 Snack Social</p>	<p>17 11:00 Exercise 2:00 Nature Walk 6:30 Star Gazing</p>	<p>18 11:00 Sing-a-Long 2:00 Nail Care 6:30 Snack Cart</p>
<p>19 11:00 Social Hour with Friends 2:00 Mens Club 6:30 Checkers</p>	<p>20 11:00 Exercise 2:00 Jeopardy 6:30 Snacks with friends</p>	<p>21 11:00 Trivia 2:00 Walmart Trip 6:30 Chess</p>	<p>22 11:00 Nail Care 2:00 Salon Dazz 6:30 Movie Night</p>	<p><b>Thanksgiving</b> 23 11:00 Exercise 2:00 Thanksgiving Crafts 6:30 Snack Hour</p>	<p>24 11:00 Painting 2:00 Basketball with a twist 6:30 Games w/snacks</p>	<p>25 11:00 Trivia 2:00 Bowling 6:30 Snack Social</p>
<p>26 11:00 Church Time 2:00 Sing-A-Long 6:30 Movies</p>	<p>27 11:00 Exercise 2:00 Ring Toss 6:30 Chess</p>	<p>28 11:00 Outside Games 2:00 Oscar Music 6:30 Trivia Night</p>	<p>29 11:00 Make your own Headband 2:00 Town Hall Meeting</p>	<p>30 11:00 Travel Ball with a twist 2:00 Birthday Bash 6:30 Snack Cart</p>		

**INTEGRITY**  
DIXIE OAK MANOR  
ASSISTED LIVING

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